



Meeting Summary
Tuesday, January 25th 2022, 1:00 pm
Via Zoom

***Our mission:** Promote physical activity and good nutrition for every generation living in the greater Wichita area through people, programs, and policies.*

1. **Intro Activity:** [Kansas Health Matters Socioeconomic Needs Index](#) - a resource to help you find the areas of highest need in your community, the selected locations are ranked from 1 (low need) to 5 (high need) based on their index value.
2. **Coalition Updates**
 - a. Miscellaneous updates:
 - i. [2021 Year in Review](#)
 - ii. Mark your calendar: Monthly meetings, 4th Tuesday at 1pm
 - iii. Newsletter deadline is 2nd Monday of each month
 - iv. Welcome Malayna, spring Coalition intern!
 - b. The City of Wichita/Sedgwick County Food System Master Plan was approved by the City Council on January 4th. Next steps include plan adoption by the County and both organizations form the Food Council.
 - c. The 17th annual Working Well Conference Save the Date will be out by the end of the month to past attendees. Look for this in the February newsletter.
3. **Partner Spotlight Activity - 5 pages of zoom chat! :)**
 - a. Denise Romero - Promotora (Community Health Worker) with Salud + Bienestar near 25th and Arkansas in North Wichita leading and empowering the Hispanic Community. Working on becoming a 501c3. Promoting healthy eating and physical activity through Zumba classes, cooking matters.in Spanish and more. Partnering with Bike Walk Wichita and the Kansas Food Bank just to name a few. Monthly drive through food distribution around 250-500 cars each month. Send information in Spanish to them and they will get the word out or come to the food drive and pass out information! Saludbienestar320@gmail.com
<https://www.facebook.com/healthy4evergreen>
 - b. Major Nancy Powers with the Salvation Army. New to ICT, not the Salvation army. What needs in each district. End of February. Mobile food pantry's Atwood. Linwood, Colvin. Soliciting volunteers. Excited about the opportunity, but know this is not a long term solution.
 - c. Craig Hubbard at the Food Bank - produce pantry, continuing mobile pantry's Ken Regier- Produce picked up from local grocery stores. Saturday distribution, 7,000 pounds of fresh produce. 500 individuals. Great partnership with the New Life Church. 67214 zip code announcements coming soon. Ken to Nancy - help with distribution of information at Evergreen Mobile distribution Craig Hubbard, Kansas Food Bank, chubbard@kansasfoodbank.org , 316-265-3663.Ken Regier at the Kansas Food Bank, kregier@kansasfoodbank.org
 - d. Dan Johnson - TEFAP coordinator, runs DCF and USDA free commodities for Wichita and Sedgwick County. 50 pantries, monthly distribution rotation. 6 x's per year typically. Better quality food products. Retirements and staff loss in Topeka. New USDA grant toward western Kansas food pantry's to purchase refrigerators/freezers, etc. danny.johnson@dcf.ks.gov
 - e. Rossana Nogueta-Jaimes RSVP Program Coordinator - contact her if you are in need of volunteers or want volunteer support. 140 active volunteers. Send activities through email distribution. Rossana.Nogueta-Jaimes@sedgwick.gov 316-660-5136
 - f. Anjelica Haberlein - lead trainer at Go Time Training. New owner - help with the community. Small but giving clientele. Ways to give back to the community - volunteer. Three fundraisers each year to benefit the community. looking for ways to help out. Recently raised money for

heathy snacks to front line workers. teams@gotimetraining.com or kiddanjelica@gmail.com
316 730 4375

- g. Valerie White, Community Impact Manager, Health, United Way - Two projects: recruiting vista's to work on food insecurity, focusing on Evergreen, Hilltop, and one more community. One year of service, bilingual. Food delivery options through Door Dash to help with delivery. Reach out to Valerie to get your organization connected. This program does not provide the resource delivered, but delivery is covered. Door Dash has donated their logistics and drivers . Set up deliveries regularly or one time. Some commodities programs are not allowed, because of first come first served. Doesn't have to be food although that is the priority. Pet food, hygiene kit, mental health. vwhite@unitedwayplains.org , Cell: (954)687-2135
- h. Maria - KIDS Network, bereavement services for families that have lost an infant. Please refer. Also education on safe sleep across the state. 5K to raise funds for free bereavement services. April 30th in ICT or virtually. Old Cowtown. Need volunteers. Also a memorial walk. Kansas Infant Death and SIDS Network 5K event. <http://www.kidsks.org/step-up-for-kids.html>
- i. Sara Sawyer, Registered Dietitian, K-State Research & Extension Dining with Diabetes in person and virtual classes. Kitchen ReStore program - community donation initiative. Basic kitchen starter kits for people transitioning out of homelessness. A lot of resources for people to get food. NEED for resources on how to cook food. Given out 55 kits. Delivering 19 kits today. Feedback, cooking more together as a family. Eating as a family because not having to share utensils. Looking for organizations to partner with. Maize High School and Credit Union of America - volunteer day to pack kits. sarasawer@ksu.edu
- j. Amber Klaver, The Phoenix - nonprofit, beautiful gym facility offers free group fitness for those with 48 hours of sobriety. Recovery extends to mental health, trauma, and daily stressors. Remove barriers associated with the cost Sober, active community. Programs led by volunteers, 3 staff In need of volunteer instructors. 316-644-5421, aklaver@thephoenix.org
- k. Daisy Urbina, Community Health Analyst- Sedgwick County Health Department - Organizing community listening sessions part of process every three years. Speak directly with residents about health perceptions and needs to address. Performed by certain zip codes. Interested in hosting, contact Daisy hosting through April. Daisy.Urbina-Ceja@sedgwick.gov
- l. Lianna Fry, Greater Wichita YMCA, Community Health Team - Community Development branch/programs. Outreach programs: Middle school and after school programs back in USD 259. Provide a healthy snack and do field trips to the YMCA and other areas. Livestrong Cancer program, free cancer survivor fitness program. Sessions coming up. promote this free 12 week program. Kids in the kitchen classes are still offered at a few YMCA branches. lianna.fry@ymcawichita.org
- m. Lori Chandler- health hope and healing to survivors of sexual abuse and their caregivers. Underlying factors and needs. Advocates look for community resources to ease the burden and stress in their lives. Education center - Partners can use the facility at no charge. Questions about limited resources and resource guide, need information. Child Advocacy Center of Sedgwick County, Lchandler@cacsckansas.org
- n. Jacob LaMunyon- Director of Development for Kansas Special Olympics and The Law Enforcement Torch Last 5 years with WPD. Focus on the health and well-being of athletes. Hoping athletes will practice again in February. Run.lamunyonj@kssso.org Polar Plunges coming up in the Wichita Area. The first one in the area is in Haysville on February 19th. The other is in Maize on March 5th. If anyone is interested please go to plungeks.org or you can email for additional information at lamunyonj@kssso.org #freezingforareason!
- o. David Paul, USD 259 - director of Nutrition services - serving 45,000 breakfasts and lunches every day! along with shortages in staff and supply chain issues. This school year is so much worse. Basic survival and implementing breakfast in the classroom in the elementary school year. dpaul@usd259.net
- p. Aubrey Vereecke – Health Coach with Natural Grocers, free nutrition classes for the community. Email her for class list and 1-1 coaching virtual and free for the community. Donates water/fruit

for community events. Free nutrition classes for your organization / group / business!

Nhc.wt@naturalgrocers.com

- q. Matt Thibault - Kansas Business Group on Health - ally and resource to employers to reduce costs to employee benefits. Virtual webinars, free program on pharmacy and chronic disease. Free and open to everyone.
<https://www.ksbgh.org/event/the-pharmacist-impact-on-chronic-condition-management/>
- r. Patty Stuever, Wichita public schools student leadership - Youth leaders panel in mental health for April! pstuever@usd259.net
- s. Typed an update in the chat:
 - i. Hillary Zwetzig - Compeer mentoring at Mental Health Assoc SCKS I am the coordinator for Compeer mentoring at MHA. We focus on mentoring youth to quality mental health. We are always looking for mentors to train and place with your referred youth. We are also hosting 7 Days of Embracing Hope in May. This is a week-long event to celebrate mental and physical health.
 - ii. Kim Neufeld, Bike Walk Wichita kim@bikewalkwichita.org we are adding walks and rides as the weather warms up! Plenty of free bikes ready for kiddos needing one.
www.bikewalkwichita.org
 - iii. Angie Cassity, program coordinator for the Ascension Via Christi Weight Management program 316-634-3624
 - iv. Cierra Rhodes, Chronic Disease Health Educator, Sedgwick County Health Department:
 - v. Juliane Walker, Program Specialist. Juliane.Walker@wichita.edu WSU-Community Engagement Institute, Center for Public Initiatives
 - vi. Sonja Armbruster, WSU Public Health and Armbruster Consulting
Sonja.armbruster@gmail.com My Health Communication students study health behavior change campaigns, so if you have a campaign that I should direct them to, I'd love to see your links to materials.
 - vii. Tia Raamot - Wichita Transit - bike/ped traamot@wichita.gov
 - viii. Jessica Warren, Mobility Manager for South Central Kansas (Butler, Cowley, Harper, Harvey, Kingman, Sedgwick, and Sumner Counties). Jessica.Warren2@sedgwick.gov
www.ksrides.org 316-660-1923 My work promotes increasing access to and knowledge of all forms of mobility, including walking and biking.

4. **Closing** Thank you for your participation! Call to Action: NETWORK! Schedule a collaboration meeting with someone you met.

Next Meeting: February 22, 2022 Food Waste Presentation
March 22 - Tour new health exhibit at Exploration Place

