



Virtual Meeting Summary
Tuesday, January 24th 2022, 2:00 pm

***Our mission:** Promote physical activity and good nutrition for every generation living in the greater Wichita area through people, programs, and policies.*

20 people attended

1. The [2022 Recap video](#) debuted. Thank you to Dot Strategies for creating the video.
2. Coalition Updates
 - a. Food Council Update - Applications for city and county were posted in December. As of today, 4 of 14 appointments have been made! Help us spread the word and encourage residents to apply to serve on the Food and Farm Council.
 - b. Working Well Conference - Official registration announcement by the beginning of next week! The theme of this year's conference is the "VIP backstage pass to wellness". We plan to roll out the red carpet to celebrate each organization's hard work and shine a spotlight on their wellness efforts. During the conference, we will bring in the VIP theme, (backstage access, gold stars, walking the red carpet) You won't want to miss! Register and tell your colleagues.
 - c. HWC Strategic Planning - Fall of 2022 - Coalition survey and strategic planning meeting on November 29th. Final results will be shared at the February meeting
3. Health & Wellness Coalition Virtual Jeopardy - see slides
4. Networking/Good News/Upcoming Activities/Events
 - a. Additional Resource - <https://1800childrenks.org/>
 - b. <https://farmaction.us/foodnotfeed/> National webinar mentioned by Jane discussing the Farm Bill.
 - c. Aubrey is hosting a 3 week class series starting this Saturday at 11. Natural grocers 1715 n rock road. Going over foundational topics to support health. <https://www.naturalgrocers.com/21-days>
 - d. If you are interested in the Food Access Workgroup, our first meeting is January 31 9:00 am, Hybrid zoom and in-person. Email tara.sharon@sedgwick.gov to be added to the meeting invite.
 - e. Jane reported that REI wants to support outdoor activities in Wichita
 - f. Legal help, trying to remove legal barriers for the most vulnerable Kansans, one possible resource is Kansas Legal Services: <https://www.kansaslegalservices.org/>
 - g. Save the Date for Child Start Health Fair - April 7th
 - h. February 25th Vendor and Health Fair, "It's a Heart Thing" hosted by Sistahs Can We Talk.
 - i. The Wichita Public Library has free prepic events - staying heart healthy presentation and learning circles focusing on mindfulness.

Next meeting: February 28th 2pm at
Bike Walk Wichita 325 St. Francis

