



Virtual Meeting Summary Tuesday, January 23rd 2024, 2-3pm

Our mission: Promote physical activity and good nutrition for every generation living in the greater Wichita area through people, programs, and policies.

1. Coalition Updates

- a. 20th anniversary - the HWC is celebrating 20 years in 2024. Look for a proclamation this spring and a community wide celebration this fall.
- b. Worksite Wellness Conference registration is live. Click [here](#) to learn more and to register.
- c. Food System Updates <https://www.wichita.gov/foodplan> New city website. Food and Farm Council meets the first Tuesday of each month.
- d. End of year update - click [here](#) for the 2023 summary.

2. Education: Title, Speaker(s) & Titles: Dr. Justin Moore and Matt Thibault with the Kansas Business Group on Health discussed how the American healthcare system tends to disincentivize addressing Social Determinants of Health (SDoH) needs via reimbursement (or lack thereof), how the grant work they do in clinics tries to bring that to the forefront, and how community partners are valuable resources for as they are encouraging providers to make those referrals.

- a. Shared that the average income is \$29,202 and life expectancy is 67.1 at Seneca and Kellogg. At Rock and Douglas, the average income is \$82,674 and life expectancy is 83.8.
- b. Center for Medicare and Medicaid Services Issues New Roadmap for States to Address the Social Determinants of Health to Improve Outcomes, Lower Costs, Support State Value-Based Care Strategies
- c. As of 1/1/2024, when you are admitted to the hospital, SDoH questions will be asked. This is not yet a requirement in outpatient services, but trends say this will come.
- d. The PRAPARE screening tool will be integrated into clinics to collect meaningful data without a lot of work.
- e. Aetna Medicaid reimburses for Z Codes [Daisy](#) can connect anyone and share more information

3. Networking/Good News/Upcoming Activities/Events

- a. Celebration: Children First was awarded a Spring 2024 Independent Fellows through K-State Research & Extension. The project is to experiment on creating healthy grab and go meals.
- b. Wichita Family Medicine is offering a Diabetes Prevention Program to their patients with 24 participants.
- c. Maria Torres Arctic Blast: <https://www.kidsks.org/step-up-for-kids.html>
- d. The Hypertension and Awareness Prevention Program is open for registration and will begin in February. This is a 4 month self-monitoring blood pressure program. There will also be 4 free nutrition education workshops open to the public in Feb, Mar, Apr, & May! Participants will get to try an easy, inexpensive, heart-healthy recipe at each workshop, and gain understanding on how to make small behavior changes to help lower blood pressure. These sessions will be held at the Sedgwick County Health Department. To register, visit: <https://rb.gy/of8t31>
- e. Robin Dauster - new Community Services Librarian at the Walters Branch Library of the Wichita Public Library, primarily serving District 3. We are excited to do more activity-based programs moving forward, and also want to have many of our branches having community fridges installed, but are still working through the kinks in that process. 4 new story walks in Jan/Feb, a 5th by the end of the year
- f. Daniel Botello - recently put the Executive Director of BWW in touch with a Mobility Coordinator from Northern Colorado in hopes to get more support and participation for Bike to Work (or anywhere) day/week.

- g. Michelle Davis - As far as moving the needle in social determinants of health... Kansas Legal Services is having a Sedgwick County Expungement Clinic (helping people expunge old records, to try and help them get employment). To apply, please have people call 316-267-3975, or apply online: <https://www.kansaslegalservices.org/node/809/online-application>
 - h. Park & Recreation finalized a lease agreement to partner with ICT Farms, a local nonprofit, to use the Bridgeport Soccer Fields to grow fresh produce. The aim of this pilot project is to improve food access, train and educate the community on growing produce, encourage healthy lifestyles, and develop community partnerships. Click [here](#) to learn more.
 - i. Amy Draut with K-State Research and Extension - specifically nutrition education programs of EFNEP and SNAP-Ed serving youth, families, adults, and older adults in Sedgwick County. If you want programming, contact me at 316-660-0119 or amydraut@ksu.edu. We are actively seeking new partnerships! <https://www.sedgwick.k-state.edu/snap-ed/index.html>
 - j. Bike Walk Wichita is partnering with Great Plains Diabetes for Tour de Wichita on 4/28.
 - k. Great Plains Diabetes offers community programs. 3/23 at Trinity church 1-4pm, \$20.
 - l. Tamela is with Healthy Blue of Kansas
4. **Why We Do What We Do** SNAP1:10 Kansans are food insecure, 1:15 Kansans are participating in SNAP. Benefits/Barriers to SNAP. Statistics from SNAP presentation at CHIP Meeting. Call to Action: sign up for advocacy alerts. If you are passionate about this work, join the Hunger Action Team calls. <https://www.kansasappleseed.org/get-involved.html>
- a. HOPE informed practice - <https://positiveexperience.org/resources/>
5. **Closing, Call to Action & Completely Random Coalition Facts**
- a. Where do you want to meet in 2024? Take this survey to provide input: <https://www.surveymonkey.com/r/HL6FGRS>
 - b. Coalition fact - number of Facebook partners in 2023 = 2,332. In miles that stretches from Wichita KS to Las Vegas Honduras!

