



Meeting Agenda
Tuesday, June 27th 2023, 2-3pm
Boats & Bikes 150 N McLean Blvd B2

Our mission: Promote physical activity and good nutrition for every generation living in the greater Wichita area through people, programs, and policies.

1. Partner Spotlight: Boats & Bikes Calvin & Rachel

- a. [Boats and Bikes](#) is open daily for renting of Trikkes, Scooters, Bicycles, Pedal Boats, Kayaks, and SUPs. They also offer rowing lessons and season passes.
- b. Coach Cupp felt like he was not impacting/giving back to the community while leading the [Shocker Rowing](#) program. His dream of activating the river came true with the help of a joint effort between the River Vista apartment developer, the City of Wichita, and Wichita State University.
- c. Boats and Bikes is currently the only business/facility with its front door facing the river! They are open for birthday/cocktail parties or business in-services.

2. Coalition Updates

- a. Now is the time to plan for Walktober - a survey for Walktober 2023 was sent in the June newsletter and email. 3 responses. 2022: promoted a list of events and encouraged people to scan a QR code for weekly updates. 139 registered, 49 added to the Coalition distribution list, 5 community partners. If you have ideas for 2023. Please see me!
- b. Food System Updates
 - i. SCHD CHIP - Contact Tara Sharon to get involved. Important time as we set the goals/outcomes/strategies/activities.
 - ii. Food and Farm Council - Final 2 appointments have been selected. Appointed July 12th.
- c. Community Collaboration - Health Alliance 2.0, from the 2022 HWC annual report, the HWC was represented at 50 partner meetings including the Aging Network, Bike Walk Wichita, Safe Streets, the Youth Advocacy Coalition, and more. Starting up again in 2023 is the Health Alliance. Connects diverse healthcare partners to design actions to improve health and to share information. I enjoy attending because I get to hear from partners I don't normally interact with. Meeting is on the 1st Friday of the month. I can get you on the distribution list, or know that I am there representing nutrition and physical activity.

3. Networking/Good News/Upcoming Activities/Events - email [Shelley](#) for contact information.

- a. Dr. Moore shared about the Kansas Business Group on Health's 45 annual Healthcare Roundtable on July 12th.
- b. Daisy Urbina shared that Aetna has a new initiative called Community Health Council. The first meeting identified poverty and mental health as the top two issues and now they are working on pinpointing solutions.
- c. Anna Waggoner is looking to transition into a career in wellness and has training on mental health and wellness.
- d. Shae Rowe with the Sedgwick County Health Department promoted their free CDSMP, Diabetes, and A Matter of Balance classes.
- e. Kelsey is the new Community Health Analyst with the SCHD overseeing the 2023-2025 CHIP which includes: Mental Health, Education, Healthcare Access and Food Access
- f. Wendy & Danielle are Community Health Workers with Wichita Family Medicine.
- g. Kinzie promoted Growing Growers and their upcoming farm tour and small business workshop.
- h. Sara Sawyer with K-State Research & Extension shared about the Hypertension Awareness and Prevention pilot program for self monitoring blood pressure.
- i. Mary with ICT Food Rescue shared about Plant A Row. Food rescuers picks up surplus. The Upcycle Kitchen grand opening is July 31st.

- j. Nick with WAMPO shared the 2025-2050 planning survey which is one of three surveys open now through WAMPO.
- k. Barb from City of Wichita Park & Recreation shared about the new team of goats that has been well received by the community. Red, White and Boom, City Crew - a free kids club for ages 2-12 with exclusive monthly events, a new grant for age 60+ programming, floating on the river, scuba, Naftzger park events and distributed the Evolve guide.
- l. Lisa shared about the Senior Farmers Market Nutrition Program which helps low income seniors and benefits local farmers.
- m. www.getsetup.io/partner/kansas is a free online learning platform for the 50+ community that includes physical health and healthy eating education.

4. Why We Do What We Do -

- a. We started in January by defining terms such as Health Disparities, Health equity, and Social Determinants of Health. In Feb. March, and April, I provided data in the form of County Health Rankings, Healthy Corner Store Data brief, Kansas Diabetes Report, BRFSS and WAMPO data on physical activity. In May we switched from data to research. [Surgeon General's Report on Loneliness Mental Health and Physical Activity study](#) [KDHE 29th and Grove Health Study](#)
- b. This month we are going back to data and a resource that was shared at the Health Alliance meeting: Sedgwick County Health Department, Community Health Data, My Sidewalk
- c. <https://dashboards.mysidewalk.com/sedgwick-cha/our-story>
- d. Website Tabs: Our Story/Social and Economic Factors/Causes of Mortality/Healthy Beginnings/Lifelong Health/Behavioral Health/Safe Communities/Protecting Health
- e. Facts from the website:



Fast Food Restaurants
0.9
 per 1,000 residents
 Sedgwick County, KS

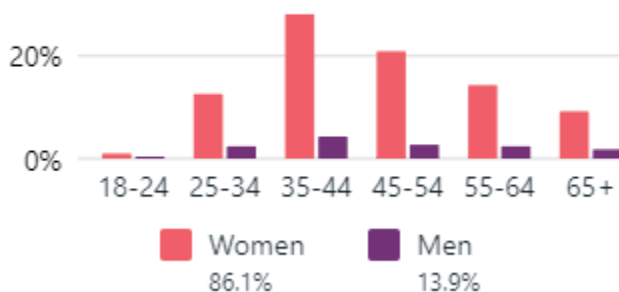


Prenatal Care Began in First Trimester
84%
 of Births
 Sedgwick County, KS

5. Closing, Call to Action & Completely Random Coalition Facts

- a. Call to Action - network! Share what you learned.
- b. Meeting Prizes - based on completely useless facts inspired by parkrun. Last week I learned that in 2017, then 83-year-old Margaret Smith from Brueton parkrun became the oldest woman in parkrun history to join the 250 Club. Now having completed over 400 parkruns, she encourages other older people to join the parkrun family to tackle loneliness.
 - i. April: Based on the combined partner and food system list with 415 contacts in alphabetical order by first name. Letter of the alphabet with the most members M = 50, Most common first name among the coalition - Jennifer = 10
 - ii. May Constant Contact newsletter sent to 8,394 (WWC, Walktober, etc...). Open rate 40.6% or 2.938! Share the newsletter with a colleague and encourage him/her to subscribe!
 - iii. June: Guess the number of Facebook followers. 2,240.

Age & gender ⓘ



July - Meeting canceled - summer break!

August - in-person partner spotlight, location TBD, Goal: break the HWC meeting attendance record tracked back to 2016: 37 in person (2019), 56 virtual (2021), bring a friend!

September - TBD

October - TBD

November - TBD

December - no meeting, Christmas break

