



### **Mari Ryan, MBA, MHP, CWP**



Mari Ryan, CEO and founder of AdvancingWellness, is a workplace well-being strategist, an award-winning author, and a nationally recognized speaker. She leverages over 35 years of business experience in various marketing, consulting and executive roles across a variety of different industries. For the past decade, Ms. Ryan has been creating healthier businesses and impacting the lives of employees, through her consulting work and speaking on workplace well-being.

Mari earned a Bachelor Degree from Lesley University, an MBA from Boston University, a Master's degree in Health Promotion from Nebraska Methodist College, and is a certified Worksite Wellness Consultant. She is the founder and former Board Chair of the Worksite Wellness Council of Massachusetts. Mari is an active member of the National Speakers Association and currently Past President of the National Speakers Association New England chapter.

Mari is the author of *The Thriving Hive: How People-Centric Organizations Ignite Engagement and Fuel Results*, winner of the 2019 Axiom Business Book award.

Learn more about Mari and AdvancingWellness at [www.advwellness.com](http://www.advwellness.com)

LinkedIn: <https://www.linkedin.com/in/mariyanmba/>

FaceBook: <https://www.facebook.com/advwellness/>

Twitter: [@advwellness\\_us](https://twitter.com/advwellness_us)

YouTube: <https://www.youtube.com/c/AdvancingWellnessLLC>