



Meeting Summary
Tuesday, March 28th 2023, 1:00 pm
Virtual

Our mission: Promote physical activity and good nutrition for every generation living in the greater Wichita area through people, programs, and policies.

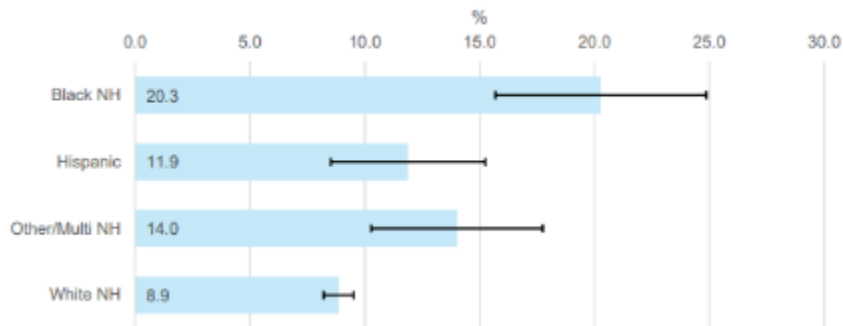
1. Welcome & Coalition Updates

- a. Food Council Update (1 spot at City and 3 at County remain) and HWC is participating in the Community Health Improvement Plan.
- b. Working Well Conference - you have seen the promotion, it was announced last month, I believe all worksites should send a representative. Early bird registration ended yesterday but since I handle registration, email me for consideration to save \$50.
- c. Grant season! CDRR submitted 3/15 including the Food and Farm Council workplan and CDC REACH grant, 5 years, approximately 5 million dollars.

2. Partner Spotlight

- a. Why we do what we do:
 - i. In 2020 approximately 1 in 9 Kansans reported being diagnosed with diabetes.
 - ii. According to the American Diabetes Association, diabetes costs Kansas approximately 2.4 billion dollars in direct medical expenses and indirect costs (loss of productivity due to diabetes) each year.

Prevalence of Diabetes by Race/Ethnicity



- iii.
 - iv. To view recommendations, click [here](#)
- b. Congratulations to Lianna for winning a HWC t-shirt by guessing the missing update - Bike Month!
- c. The spotlight is on our partners - This information was typed into the chat. To hear all the updates, view the session recording posted to the HWC website.
 - i. FYI from Angela Breer - for anyone doing work in their 3 focus areas, IMA has its foundation grant application available <https://imacorp.com/community/ima-foundation/>
 - ii. Lori Lohrenz, SG County Research & Extension, Extension Master Gardener, 316-660-0100
 - iii. Reggie Davidson, City of Wichita Park & Recreation, rdavidson@wichita.gov, 316.268.4130 <https://www.wichita.gov/ParkandRec/Rentals/Pages/Venues.aspx>
 - iv. Lianna Fry, Greater Wichita YMCA <https://ymcawichita.org/events/3rd-annual-greater-wichita-ymca-cancer-survivor-retreat>

- v. SCHD Health Educator : Shae Rowe, shae.rowe@sedgwick.gov 316.779.1341
<https://www.sedgwickcounty.org/health/services-and-providers/disease-management-and-wellness-workshops/>
- vi. Dulcy.Palnu : <https://centralusa.salvationarmy.org/wichita/dulcy.palnu@usc.salvationarmy.org>
- vii. <https://ks.childcareaware.org/> My contact information is kris.nicholson@ks.childcareaware.org If child care programs are interested in registering for PALS (Physical Activity Learning Sessions), they can contact Kyla Eck at Child Start keck@childstart.org
- viii. Mary Hiebert - dietitian92@gmail.com or 316-616-4937 Great Plains Diabetes Education Update. Next program on April 15 at Trinity Presbyterian Church, 2258 N Marigold (near 21st & Amidon) Call 316-440-2802.
- ix. Michele Davis, Kansas Legal Services Central Intake – davism@klsinc.org – anyone who wants to see about possible help (in any Kansas County) may apply with us by phone at 316-267-3975 or via our website: <https://www.kansaslegalservices.org/> we also post upcoming events on the website
- x. Danielle Brazelton MA/CHW at Wichita Family Medicine Specialists can email me anything you would like us to share on our website dbrazelton@WichitaFMS.com
- xi. Emily Jensen, SG Co- Dept on Aging : <https://www.sedgwickcounty.org/aging/resources/>
- xii. <https://childstart.org/camp-gwc/> Child Start Camp Grow With Child conference
- xiii. Mandy Johns with the Kansas Healthcare Collaborative. mjohnson@khconline.org
- xiv. Jack Henderson (316) 737-0594. Any one needing nutrition/fitness coaching on the ground for the work of the coalition - feel free to contact me (e-mail: jack-henderson@outlook.com).

3. Closing

- a. Thank you to everyone that participated.
- b. Call to Action - Network with someone you met at the meeting and SHARE all the information you learned.
- c. Email [Shelley](#) if you want to host an upcoming meeting or provide the education session.

Next Meeting: April 25, 2023, location TBD Food Focus