



**Meeting Agenda**  
**Tuesday, March 22nd 2022, 1:00 pm**  
**Salvation Army, 350 N. Market St.**

Our mission: *Promote physical activity and good nutrition for every generation living in the greater Wichita area through people, programs, and policies.*

1. **Welcome** - The 22 attendees celebrated National Nutrition Month with healthy snacks provided by the Salvation Army.
2. **Coalition Updates**
  - a. May is Bike Month - look for details on the Bike Month ICT [facebook](#) page, [website](#), and April HWC newsletter. If you want to join us at a planning meeting on 4/8 at noon on zoom, email Shelley. The HWC is planning to host a month-long incentive program.
  - b. Reminders & stand up/sit down game:
    - i. Do you follow/engage with the Coalition on Facebook?
    - ii. Do you read/provide content for the monthly newsletter?
    - iii. Have you attended the Working Well Conference? Plan to attend 8/23/22.
    - iv. Are you aware that the Food System Master Plan passed at the City & County and we are working on having a publicly appointed Food Council?
3. **Education Session - highlights from the [Salvation Army](#)**
  - a. 28 bed homeless shelter in the Downtown Koch Center for women and families, provides three meals a day plus case management
  - b. 6 transitional housing apartments in the Downtown Koch Center - 6-8 month stay rent free
  - c. Satellite locations: Citadel Community Center, West Orchard Community Center
  - d. NEW! Mobile Food Pantry "Canteen" 1st three weeks served 305 families (1,073 individuals) to volunteer, contact [Brenda](#)
  - e. They desire to get involved and collaborate in the community, examples include Polar Plunge with Special Olympics and Easter Egg Hunt
  - f. Future plans include renovating the second floor of Downtown Koch Center for a recovery home
4. **Networking/Good News/Upcoming Activities/Events**
  - a. Child Start is hosting Camp GWC conference April 1 & 2 7.5 hours inservice credits for teachers, directors. Also participating in a 6 week wellness program through UCLA.
  - b. Sunflower Health Plan is offering free dental services on 4/30 including blood pressure checks and vaccinations. Sunflower Days at the Farmer's Market are offered across Kansas and members get a \$10 voucher.
  - c. The American Red Cross offers free Fire Safety Preparedness presentations in the community. Also looking for volunteers for an event on 5/21 to install 316 smoke detectors. Contact [Sara](#).
  - d. The Kansas Food Bank promoted the Progressive Church food pantry and encouraged attendees to volunteer by calling Melissa at 265-3663
  - e. Senior Services is hosting a 50+ Pickleball Tournament fundraising event. Also received a grant from PetSmart to provide a pet food service to homebound seniors, looking to offer vet services and dog grooming in the future.
  - f. The Greater Wichita YMCA's free exercise program for cancer survivors, Livestrong, is having a survivor retreat on 5/2.
  - g. Natural Grocers east & west locations offer free health coaching in the store or virtually. They also have a variety of presentations for groups. Contact [Aubrey](#)
  - h. [Kansas Legal Services](#) A non-profit law firm and community education organization helping low and moderate income people in Kansas
  - i. Goodwill Industries is hosting a Blue Jeans Bingo fundraiser on April 22nd.
5. **Closing**
  - a. Thank you for attending! Join us at the next meeting **4.26.22 @ Exploration Place!** Call to action: share what you learned today!