

Promoting Physical Activity and Good Nutrition



GREAT PLAINS
DIABETES

LIVE WELL WITH DIABETES

Friday, November 5, 2021

For Health Professionals

Saturday, November 6, 2021

Free Public Event

WSU Metropolitan Complex - 5015 E. 29th St. N.

A PROGRAM DEVELOPED FOR:

CONTINUING EDUCATION FOR HEALTH PROFESSIONALS

Friday, 11/5

PROGRAM FOR THOSE AT RISK OF DEVELOPING DIABETES, YOUTHS & ADULTS WITH TYPE 1 & TYPE 2 DIABETES

Saturday, 11/6

PLANNED EVENTS FOR 11/6

- Health & Wellness Screenings
- Free Labs
- Breakout Sessions
- Food Demos
- Diabetes Expert Speakers
- Youth Activities
- Visit with Vendors
- Diabetes Technology
- Pharmacies, Nutrition, Fitness & much more!
- Diabetes Walk - Join us to walk & honor those with diabetes - Register by following the QR code or sign up on the day of Live Well



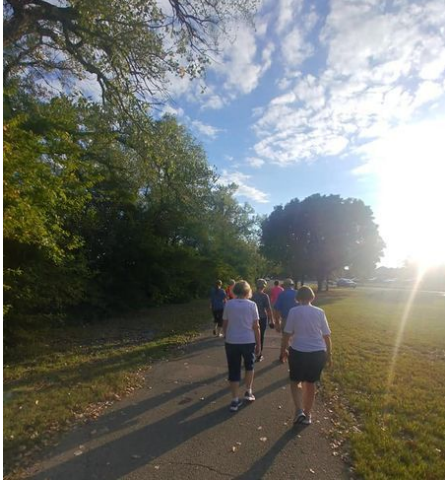
In Partnership with



**For more information call Great Plains Diabetes
316-440-2802 or visit www.greatplainsdiabetes.com
or scan the code!**

Volunteer Opportunity

It is time to plan the 2022 Coalition meetings. The goal of each Coalition meeting is to convene passionate physical



friend? Walking-and-talking is relaxing for mental health and stimulating to body's health.

Did you join Bike Walk Wichita for a group walk or explore on your own? Visit their [calendar](#) or [Facebook](#) page to learn about the Christmas Lights Walk.

THANKSGIVING FOOD RESOURCE GUIDE

- WICHITA 2021 -

FOOD BOXES

SATURDAY, NOVEMBER 20TH

	<table border="0"> <tr> <td>BREAD OF LIFE</td> <td>1301 E GALENA</td> </tr> <tr> <td>THANKSGIVING DINNER</td> <td>9 AM-3 PM</td> </tr> <tr> <td>GIVEAWAY</td> <td>(316) 689-6866</td> </tr> <tr> <td>COLLEGE HILL UNITED METHODIST CHURCH</td> <td>2930 E 1ST ST</td> </tr> <tr> <td>TURKEY DISTRIBUTION</td> <td>9-11 AM</td> </tr> <tr> <td></td> <td>(316) 683-4643</td> </tr> <tr> <td>*CENTRAL COMMUNITY CHURCH</td> <td>6100 W MAPLE</td> </tr> <tr> <td>THANKSGIVING FOOD BAG</td> <td>6:30 AM</td> </tr> <tr> <td>*NOT A FOOD BANK PARTNER AGENCY</td> <td>DRIVE-THRU ONLY</td> </tr> </table>	BREAD OF LIFE	1301 E GALENA	THANKSGIVING DINNER	9 AM-3 PM	GIVEAWAY	(316) 689-6866	COLLEGE HILL UNITED METHODIST CHURCH	2930 E 1ST ST	TURKEY DISTRIBUTION	9-11 AM		(316) 683-4643	*CENTRAL COMMUNITY CHURCH	6100 W MAPLE	THANKSGIVING FOOD BAG	6:30 AM	*NOT A FOOD BANK PARTNER AGENCY	DRIVE-THRU ONLY
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MONDAY, NOVEMBER 22ND - WEDNESDAY, NOVEMBER 24TH

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THANKSGIVING MEALS

THURSDAY, NOVEMBER 25TH

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QUESTIONS? CALL THE KANSAS FOOD BANK (316) 265-FOOD
VISIT KANSASFOODBANK.ORG/DONATE TO MAKE A CONTRIBUTION THIS HOLIDAY SEASON

