



**Meeting Summary**  
**Tuesday, September 26th 2023, 2&3:30pm**  
**Rise Farms**

*Our mission: Promote physical activity and good nutrition for every generation living in the greater Wichita area through people, programs, and policies.*

**1. Partner Spotlight: Rise Farms**

- a. 56 Health & Wellness Coalition supporters attended one of two rooftop garden tours including 45 people that have not attended a Coalition meeting this year!
- b. One of the largest roof-top gardens in the Midwest, RISE Farms consists of a 15,000 square-foot urban farm, and a 204 solar farm situated on the top floor of Fidelity Bank's mixed-use RISE Car Park development.
- c. Purchase food from RISE Farm [here](#). Food Hub is here to make the connection between farmers and consumers more than just convenient. It is a paradigm shift to unify and build the entire local food industry. Developing the local food system is one way of securing fresh food for our community. If Wichitans spent 25 percent of their food budget on local food, it would create 27,000 new jobs, 1 billion dollars in wages, and 4 billion dollars in new economic output.

**2. Coalition Updates**

- a. October is [Walktober!](#) This month-long celebration of all things walking includes weekly walks, one time and on-going events. If the website is missing a walking resource please let us know.
- b. Save the Date for the 19th annual [Working Well Conference](#) on April 11th, 2024. Registration will begin in January.
- c. 2nd ICT/SC Food and Farm Council meeting is scheduled for 10/3. Details can be found [here](#).

**3. To allow time for the one hour tour, we did not share **Good News/Upcoming Activities/Events****

**Next meeting: October 24th - at Towne West Mall**