

40+  
organizations  
& booths!

Door prizes  
and other  
giveaways!

Activities for  
ALL ages!

# WE ALL EAT!

*A free hands-on learning event for the community*

**GET Tips Tools Tricks & Tastings**  
to inspire healthy eating

WHEN

**Thursday  
March 26**

2:30 to 6:30 p.m.

*A come and go event*

WHERE

**Sedgwick  
County  
Extension**

7001 W. 21st N., Wichita



**LIVE COOKING DEMOS  
EVERY 30 MINUTES!**

Schedule posted on [hwcwichita.org](http://hwcwichita.org)  
and with Facebook event.

We All Eat is jointly sponsored by



We All Eat is a **FREE** event  
but we are holding a food-raiser  
for the Kansas Food Bank, by  
collecting peanut butter and  
canned fruit (*in juice, not syrup*).



**LEARN MORE** [www.hwcwichita.org](http://www.hwcwichita.org) or email [shelley.rich@ymcawichita.org](mailto:shelley.rich@ymcawichita.org) or call 316-776-8177