



The Health & Wellness Coalition Healthy Eating Committee is focusing on Food Waste to Celebrate Food Day 2016



Food Day inspires Americans to change their diets and our food policies. Every October 24, thousands of events all around the country bring Americans together to celebrate and enjoy real food and to push for improved food policies.

This four part newsletter series will feature the following themes:

1. Defining the issue - week one
2. Sell by/Use by, what is food waste? - week two
3. What can you do to reduce food waste? - week three
- 4. What is being done in the community? - week four**

Food Day Lunch at Coleman Middle School

The Health & Wellness Coalition hosted a lunch at Coleman Middle School to celebrate local successes. The event started with a tour of their school garden by Garden Club student members.



A delicious lunch was served including a grilled squash and zucchini soup and rhubarb/strawberry pie using ingredients from the garden. The

highlight of the lunch was seeing their composting program in action.



Did you know that seven USD 259 elementary schools and one USD 259 middle school participate in a composting program? This program saved 60,560 pounds or 30.3 tons of meal waste, including the biodegradable trays, diverted from the waste stream during the 2014/2015 school year.



Thank you to our partners and coalition leadership team members for joining us and for spreading the message about these two wonderful programs.

To view all of the pictures from this event, [like our Facebook page](#).

Food Donations at Dillon's

The Kansas State University Pollution Prevention Institute has worked with local Dillon's Grocery Stores including this impressive two year aggregate data:

- Reduced 75 tons of food waste at the source.
- A total of 20 tons of food was diverted to the Kansas Food Bank.
- 1.3 million gallons of water was conserved.



To learn more about these initiatives and to become involved in the Healthy Eating committee, contact [Shelley Rich](#).

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