

Our mission: Promote physical activity and good nutrition for every generation living in the greater Wichita area through people, programs, and policies.

1. Coalition Updates

- a. Grant Updates
 - i. Community Advocate Fellowship - the first 2 sessions of the 8 month cohort were a smashing success. More to come later on this amazing group of 10 fellows.
 - ii. Pathways - see blog post on Year 1 summary.
 - iii. CDRR - wrapping up current year work plans on healthy food and active transportation at worksites and looking toward SFY27 workplans.
- b. End of year report draft - asked for volunteers to review the draft. This will be published in the February newsletter. Also working on an updated Coalition partner List for the [website](#). 37 have been added, 18 removed because I no longer have a contact. Reached out to 40+ that I haven't connected with in the past year. **REVIEW and let me know if an obvious organization is missing!**
- c. Upcoming Events
 - i. Working Well Conference - see flyer on homepage of website. 7 scholarships are available - application on conference page and due by the end of February. The award process is different, if you have a nomination of a worksite that should be celebrated, contact me. See info on WW award page.
 - ii. Bike Month survey - being promoted NOW, I will send tomorrow. If you want to make sure your organization receives this survey EMAIL me.

2. Healthy Blue Recognition Cierra Jones

3. Education

- a. Leading Health Mindsets - Angela Breer presented on behalf of KHF - speaking to some key points and the mindsets/actions.
 - i. How can you make the mindsets fit into your organization?
 - ii. Released Thursday to the public health and economy report!
 - iii. This spring - workshop materials, book club ideas!

4. Coalition Assessment Results

- a. Every year, this coalition stays true to its mission and priorities, but the work and activities shift. As you look at these results, think about ways you'd like to consider leaning in and being more involved in the work of the HWC this year.
- b. If your time is not well spent - how can we better use your time?
 - a. A lot of little advocacy and policy development to make sure the FFC is operating. Nudging things behind the scenes.
 - b. Conclusion - very positive! 17 page version report. Room to grow, thankfully

5. Networking/Good News/Upcoming Activities/Events

- a. Kris with Child Care Aware of Kansas shared this tool: [Well-Being Pathway | Kansas Children's Cabinet and Trust Fund](#) including this Sedgwick County dashboard: <https://well-being.kschildrenscabinet.org/counties/87/pdf> How can the HWC use this dashboard? KCCTF is an open meeting. Look at website for the meetings. Funding for moving forward early childhood initiatives.

- b. **Now accepting applications for the Community Impact Mini Grants!** Applications are now open for up to 20 mini-grants to support community-driven projects that strengthen local coalitions, elevate youth leadership, and promote youth mental health and prevention strategies.
 - i. Deadline for applications is February 3rd, so don't delay! For more information and to apply, check out our website here: <https://elevatekansas.org/funding-opportunities/>
 - ii. Funding for this grant is provided by the [Kansas Department of Health and Environment](#) and administered in partnership with the [Wichita State University Community Engagement Institute](#).
- c. The Phoenix - Suzanne Bentley, located at 1st and Washington - free programming at a safe space. Hot Yoga partnership with Limitless. Rock climbing partnership with Bliss. Rowing clinic this Saturday. Also partnering with We Ride. Cost is 48 hours of sobriety. Meant for everyone. App in the chat to sign up and website. Our app is called "New Form", just download and sign up for anything that looks interesting to you. Our website is www.thephoenix.org/wichita
- d. Join the KDHE Community Health Promotion team for an exciting and inspiring Summit that brings together Chronic Disease Risk Reduction (CDRR) grantees from across the state, local health coalition members, and public health advocates dedicated to prevention and health promotion. This year's Summit features a dynamic keynote from [Minou Jones](#) on effective coalition management, followed by an engaging afternoon session on coalition sustainability.

Community Health Promotion Summit
Thursday, April 23, 2026
 Embassy Suites by Hilton – Olathe
 10401 S Ridgeview Road, Olathe, KS 66061

Early Bird Registration (January 5 – February 28):
Virtual: \$50 | In-Person: \$75

Regular Rate (March 1 – April 9):
Virtual: \$60 | In-Person: \$85

To register: <https://www.dccca.org/event/chp-summit/>
- e. Kansas Legal Services legal clinic coming soon in Wichita. Still struggling to meet the need <https://www.kansaslegalservices.org/>
- f. Chris Steward - SCHD starting the CHIP and a new initiative is Upward Mobility. <https://www.sedgwickcounty.org/health/assessment-and-planning/> Email healthCHIP@sedgwick.gov. The Food System Master Plan will soon be located on the SCHD website
- g. Lakeria Dupree - introduction, American Heart Association Heart Corps.
- h. Erin McDaniel - Special Olympics of Kansas, back from maternity leave. Inclusive health director - free screenings offered throughout the year and year round fitness programming - step challenges, etc. Huge population, not a huge staff, rely heavily on partners.
- i. Cynthia is a writer for Sixty and Me international womens blog - I talk about many things that will help women move forward in life. Sixty and me is a wonderful resource for women <https://sixtyandme.com/>
- j. Sarah Wamsley, dietician, Master Gardener
- k. <https://cairnhealth.org/> They are a great resource for people without funds to pay for medications

6. Closing

- a. Call to Action

Next meeting: Tuesday, February 24, 2026
Location TBD

